



November 2015

### **A NOTE FROM OUR ADMINISTRATOR**

Electronic charting. Evidence based curriculum. DBT. Sometimes it seems like the definitions and acronyms can overwhelm the true meaning of addiction treatment. We've come a long way in our understanding on how to treat addiction and we've got many more tools in our toolbox. But it still comes down to good old fashioned human interaction. You can have the best programming in the world but without good people to implement it then it's just a waste of time. At WINGS we strive to use the best, most innovative practices we can to help our clients, while at the same time never forgetting that it's the personal connections that help the most and last the longest. Give us a call and see how we can help your clients.

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### **PROGRAM SPOTLIGHT**

#### **Evening and Weekend Programming**

At WINGS our programming doesn't end when the counselors leave the building. In the evenings and on weekends we have educational groups that are led by our CD techs. These groups meet from 6-7 PM Monday-Friday, from 10-11 AM on Saturday and from 9-10 AM on Sunday. Our evening groups are designed to add additional education to the topics discussed in the unit of focus for that particular week. These units include understanding emotions, healthy relationships, family relationships, putting "me" into recovery, addiction awareness, relapse prevention, COD, crisis planning and "putting it all together". Our weekend groups, as well as groups that we have on non-school days, deal with self esteem, personal issues and refusal skills. While there is a certain amount of information sharing within all of these groups,

oftentimes there are artistic projects and movie viewing with discussions, all designed to add something different to the treatment experience.

## MEET OUR STAFF - PAUL ROCKSWOLD

I have been in the "helping professions" for the past 17 years. I have worked as a chaplain, a pastor, a family program practitioner, and a chemical dependency counselor. I attended St. Olaf College, Luther Seminary in St. Paul and St. Mary's University, where I obtained my Master's Degree in Marriage and Family Therapy. I have a passion for working with addicted youth, as I see so much life, creativity, hope and potential. I am honored to be a part of the WINGS team as one of the Counselors.

## BED AVAILABILITY

Right now we have several openings for both male and female beds. But please call us at 320-593-0440 as this information can change rapidly.

## UPCOMING EVENTS

MOFAS Conference: Nov. 19 & 20 in Brooklyn Park. Click [here](#) for more info.

## RATES AND CODES

| Level of Care               | Revenue Code  | HCPCS Code | Modifier             | Rate         |
|-----------------------------|---|------------|----------------------|--------------|
| Room & Board                | 1002 - Non-Hospital-Based Room and Board component only |            | HA Adol              | 73.08 / Day  |
| Primary Inpatient Treatment | 0944 - Drug Rehabilitation                              | H2036      | HA Adol, U5 Med Svcs | 222.60 / Day |
| Primary Inpatient Treatment | 0945 - Alcohol Rehabilitation                           | H2036      | HA Adol, U5 Med Svcs | 222.60 / Day |

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